

# For 15 years, AST has helped children with autism become more successful in school and life.

Led by our BCBAs, our talented team of clinicians provides individualized, evidence-based interventions based on the principles of Applied Behavior Analysis (ABA) in client's home, community and/or school.





### ABA TARGETS

Problem behaviors, language/ communication, social skills, play skills, self-help skills, and parent education.

## **DIAGNOSTIC EVALUATIONS**

Our licensed psychologist provides comprehensive diagnostic evaluations for children suspected of having autism spectrum disorder (ASD).

### **INSURANCE SPECIALISTS**

Now accepting Blue Cross Blue Shield of Arizona, Blue Cross Blue Shield from another state, Cigna, Golden Rule, Humana/Lifesynch, Tri-Care and United Behavioral Health. Our intake team works with each family to navigate the insurance approval process, ensuring they have the appropriate documentation to obtain funding quickly.

**WHO WE SERVE:** AST provides in-home ABA services to individuals with autism and other developmental disorders from birth through adulthood.

**SERVICE AREA:** AST provides home and school-based ABA services across the Greater Tucson area.



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