

For 15 years, AST has helped children with autism become more successful in school and life.

Led by our BCBAs, our talented team of clinicians provides individualized, evidence-based interventions based on the principles of Applied Behavior Analysis (ABA) in client's home, community and/or school.





ABA TARGETS

Problem behaviors, language/ communication, social skills, play skills, self-help skills, and parent education.

DIAGNOSTIC EVALUATIONS

Our licensed psychologist provides comprehensive diagnostic evaluations for children suspected of having autism spectrum disorder (ASD).

INSURANCE SPECIALISTS

Now accepting Blue Cross Blue Shield of Arizona, Blue Cross Blue Shield from another state, Cigna, Golden Rule, Humana/Lifesynch, Tri-Care and United Behavioral Health. Our intake team works with each family to navigate the insurance approval process, ensuring they have the appropriate documentation to obtain funding quickly.

WHO WE SERVE: AST provides in-home ABA services to individuals with autism and other developmental disorders from birth through adulthood.

SERVICE AREA: AST provides home and school-based ABA services across the Greater Tucson area.



Jessica Belokas, MA, BCBA, LBA Clinical Director

jessica.belokas@ autismtherapies.com